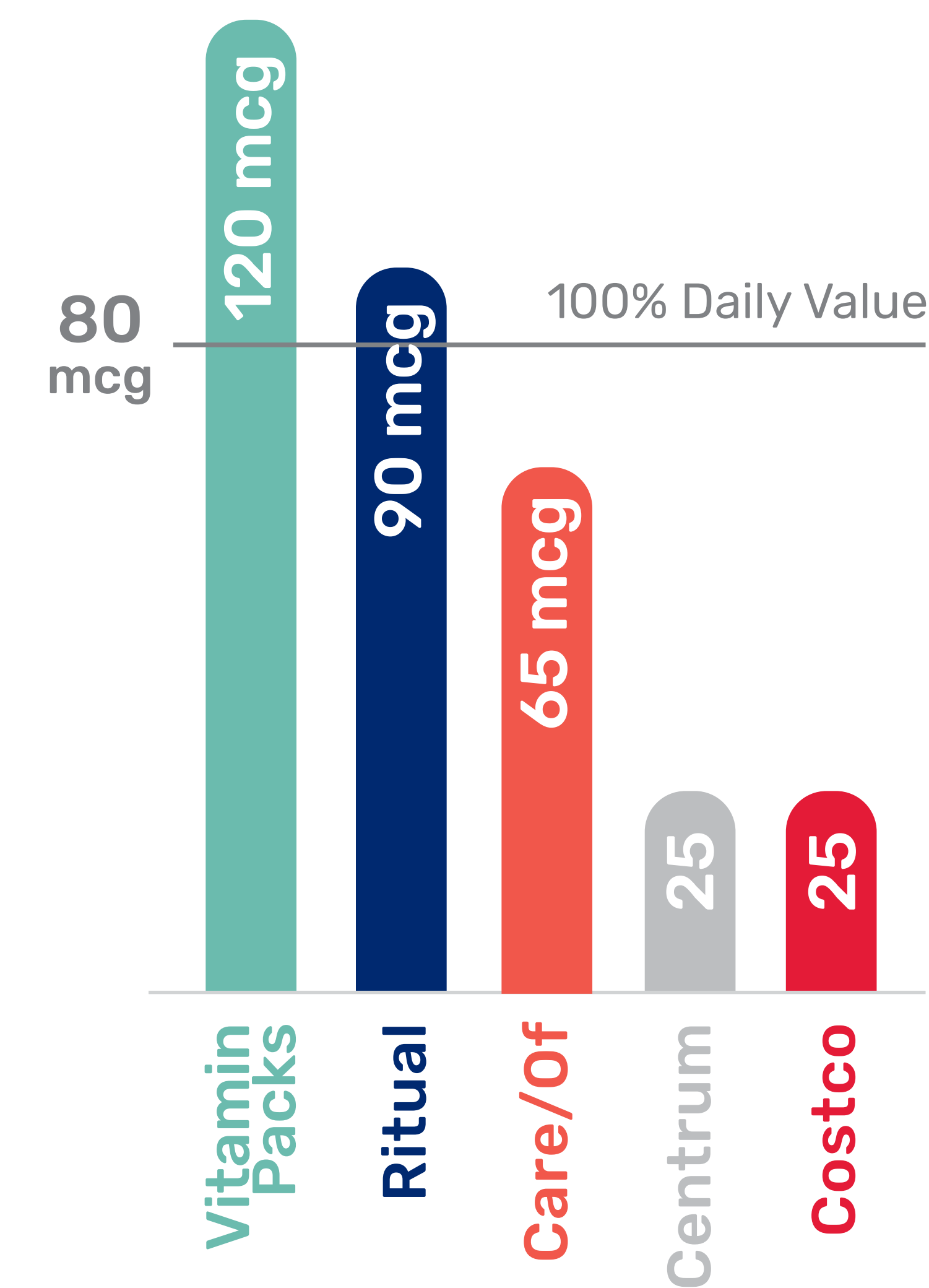


How does **Vitamin Packs** **Foundational Multi™** Stack up Against the Others?



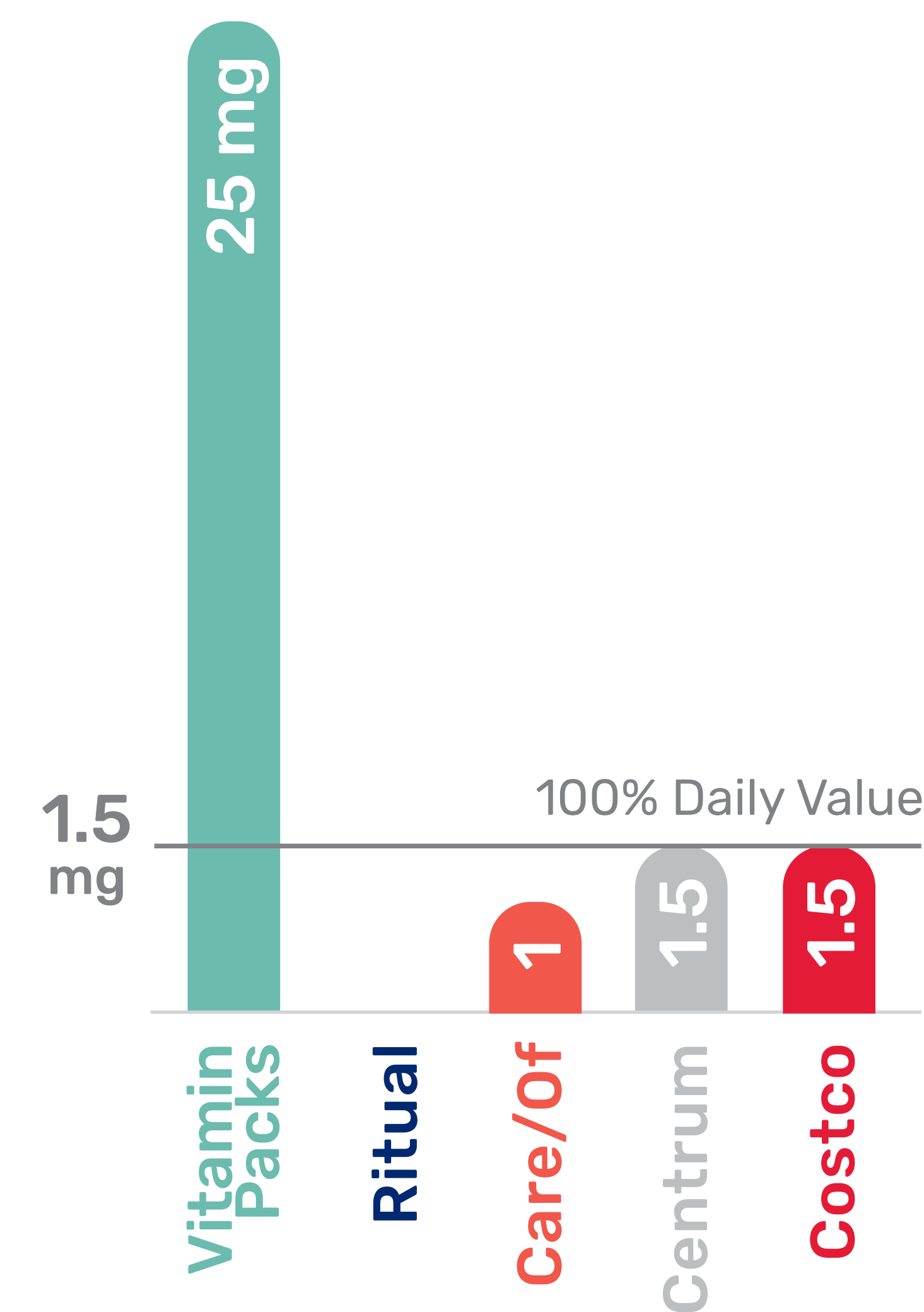
It's not easy eating perfectly every day, so a multivitamin can help fill in the gaps in your diet. Vitamin Packs Foundational Multi delivers essential vitamins and minerals at therapeutic levels unmatched by the rest.

Developed by world-renowned physicians and registered dietitians, Vitamin Packs Foundational Multi is formulated with the understanding of the latest nutrition science and safety research, so you can feel confident that your body is getting exactly what it needs – nothing less.



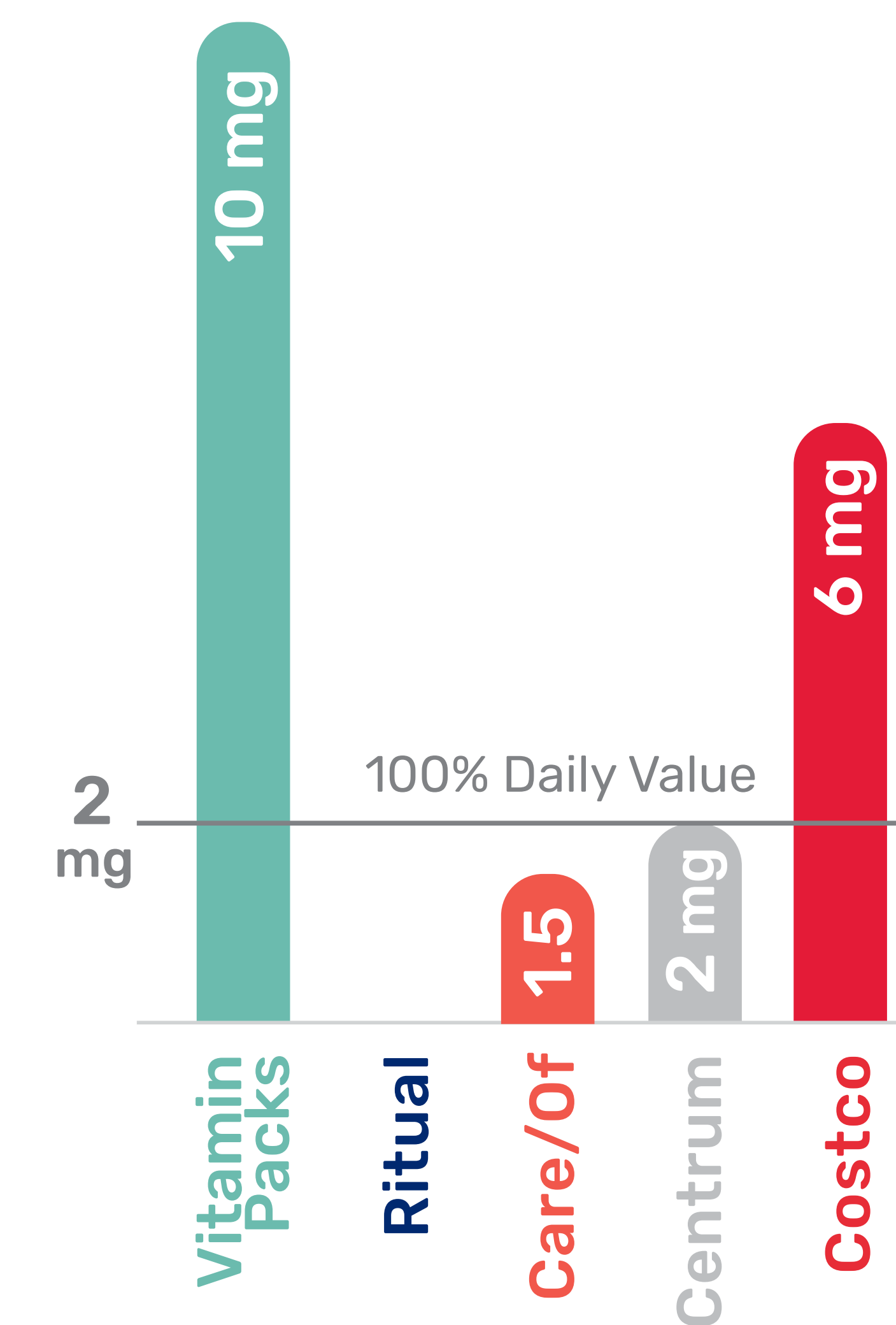
Vitamin K

Our Foundational Multi contains naturally sourced K2 as opposed to K1 found in Centrum's and Costco's multivitamin. Up to 80% of people are deficient in K2. We offer 120 mcg because it helps support (or maintain) artery and bone health at these levels.



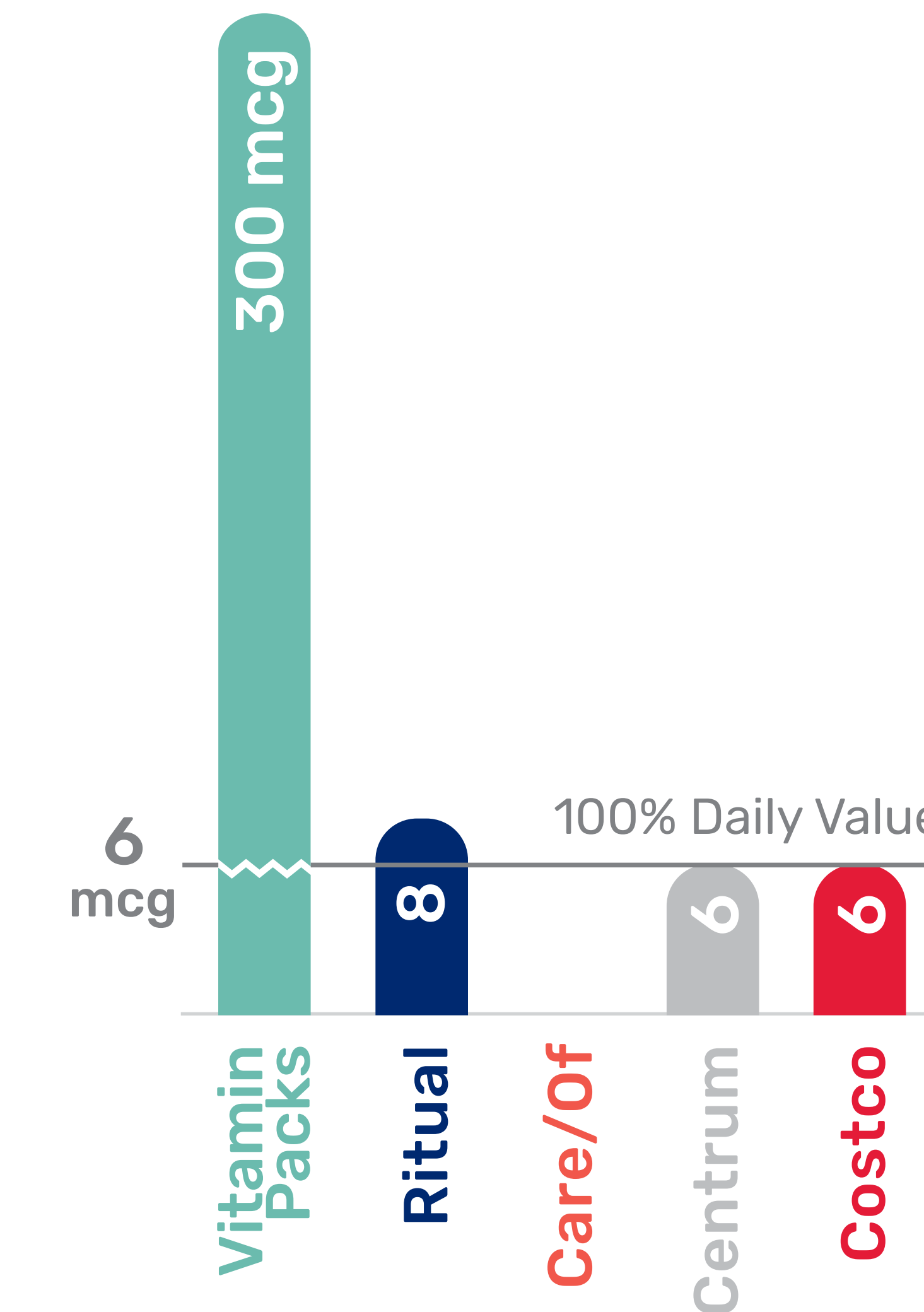
Thiamin

Unlike our competitors, our Medical Advisory Board chose to use 25 mg of thiamin because smoking, alcohol and stress all deplete this vitamin and we want to offer safe and beneficial levels for remarkable health.



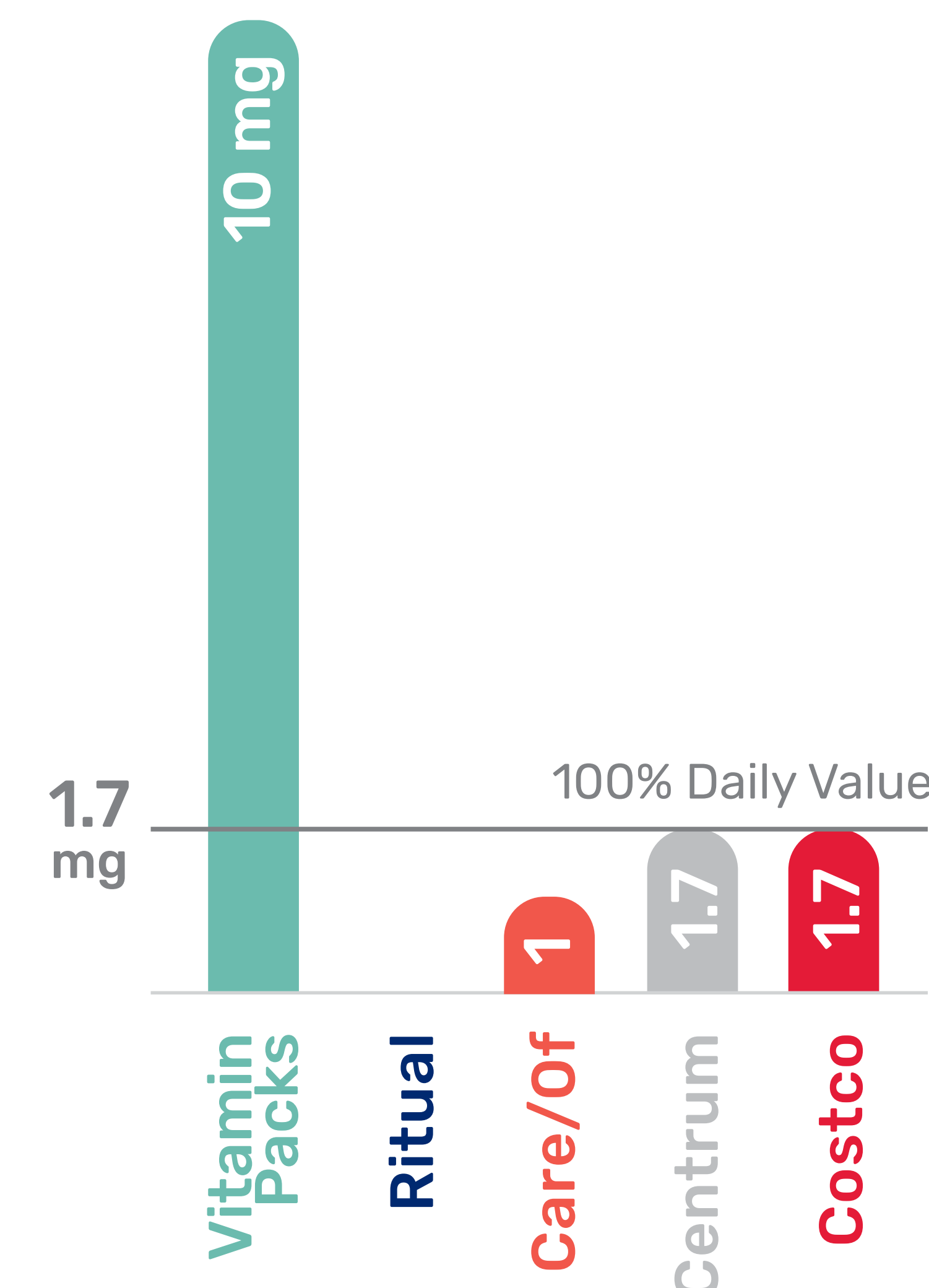
Vitamin B6

The active and more absorbable form of vitamin B-6, pyridoxal-5-phosphate, is shown to help support mood, brain function and cardiovascular health without unwanted interactions.



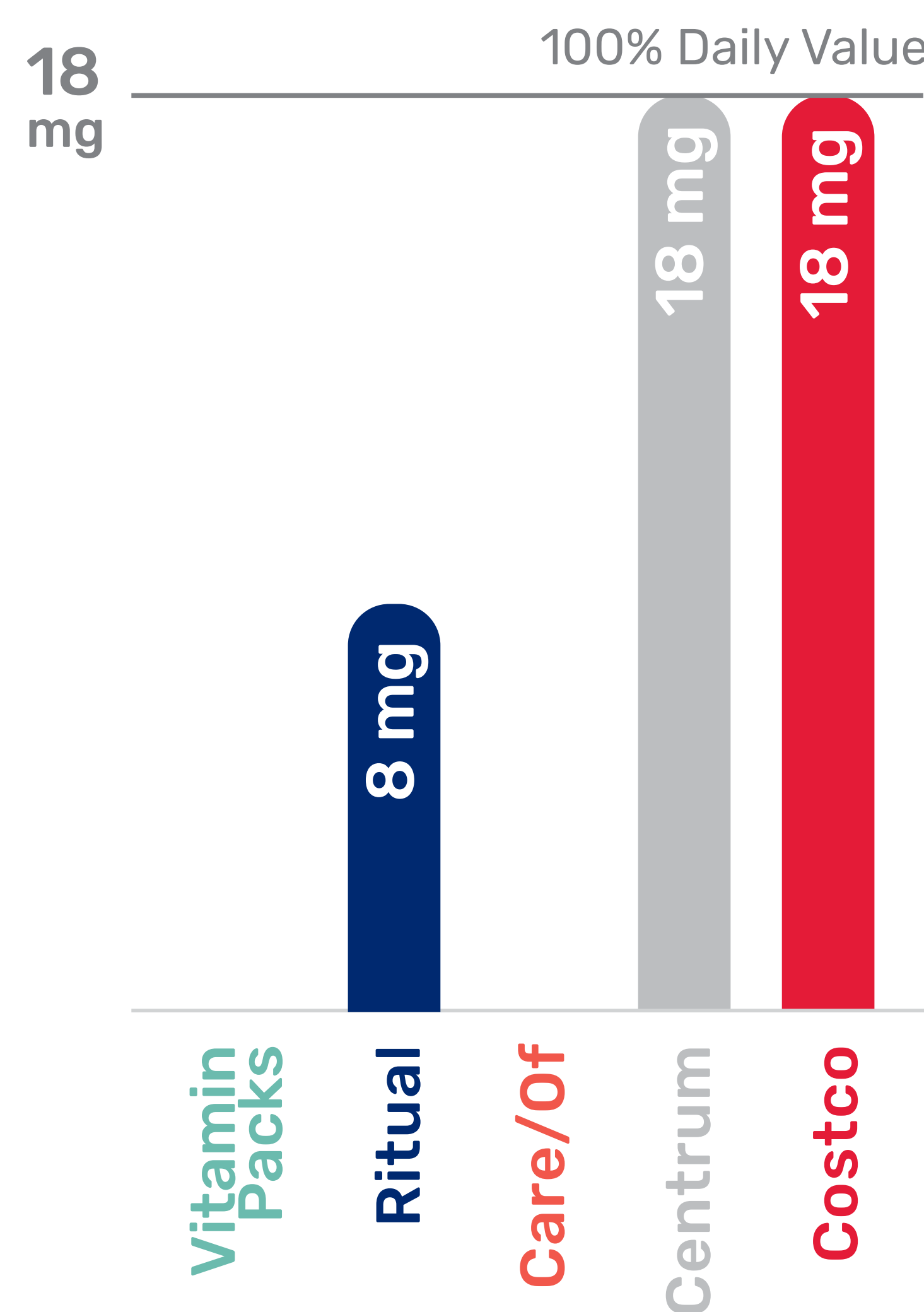
Vitamin B12

Our medical advisory board chose to use therapeutic levels of B12 in our Foundational Multi because it has numerous benefits when taken in higher doses including improvement of anemia, depression, memory and amino acid regulation.



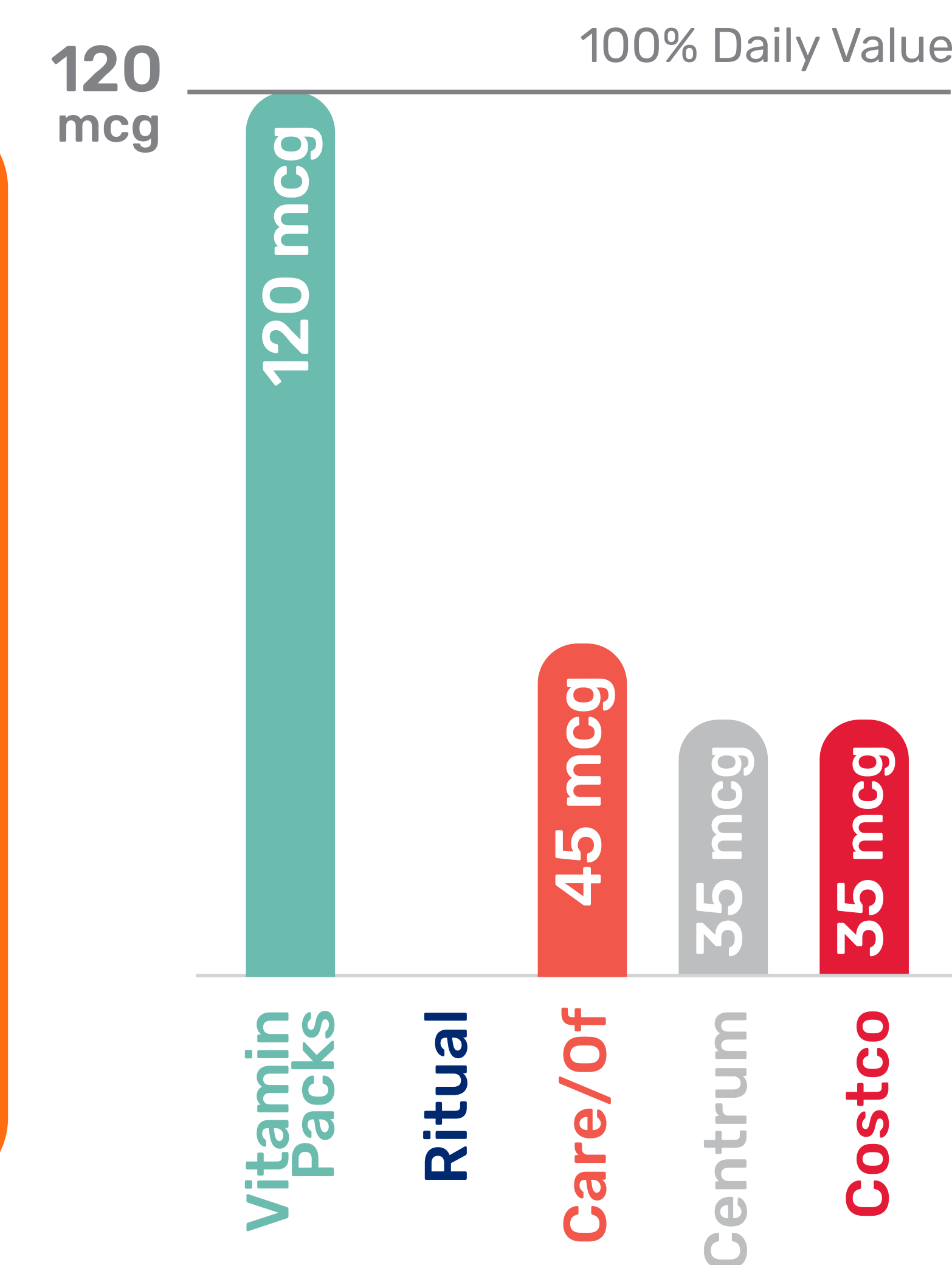
Riboflavin

Contrary to our competitors, our Medical Advisory Board chose the most active and absorbable form of riboflavin, riboflavin-5-phosphate in our Foundational Multi which offers therapeutic benefits like amino acid regulation and iron uptake at this level.



Iron

Men and women differ on the level of iron they need to maintain optimal health. Because of this, our Medical Advisory Board recommends a personalized approach to iron supplementation offered through our nutritional assessment.



Chromium

Because of the rise of prediabetes, our Medical Advisory Board recommends taking the daily value due to chromium's ability to help regulate blood sugar.